

3/23/2020 8:07 am

Good morning parents,

Here we go! It's time to embark on distant learning. Please note, this is not "Homeschooling". The teachers are still delivering instruction, coordinating curriculum and finding ways to measure growth. We just need your help in facilitating the process. I've attached some resources for how you can help facilitate the process at home, this is a universal prek-8 document and some things will apply to your family more than others. I hope the ideas help.

Remember this as we get started: We plan to proceed with baby steps, and baby Steps aren't baby steps to a baby!

Mr. Hey (pronounced Hi), our counselor, has also put together a really nice resource. He is available to assist you. Here is a note from him:

*Hello Parents, Students and Staff of St. Joe's!*

*I'm writing to you all to let you know about the mental health resources available to you all while we are practicing social distancing and protecting ourselves from the COVID19 pandemic. I will be releasing a video or two each week with some mental health tips you can use at home during this challenging time. I call these Mental Health with Mr. Hey or MHMH;*

*#MHMH Episode #1: <https://youtu.be/qRBA6GDgdZw>*

*Additionally, my mental health practice is now entirely online and I am able to provide 15-30minute Skype or FaceTime video chat sessions to St. Joe's students, parents and staff. Please reach out to me via email ([schoolcounselor@stjosephwaconia.org](mailto:schoolcounselor@stjosephwaconia.org)) or text/phone call (605-376-4526) to set up a time for a video chat for yourself or your student. Please do not hesitate to reach out with questions or concerns. I know that this is a challenging time for everyone, but I am here to help in any way that I can. I hope you are all well and safe.*

God Bless,



-Andrew Hey MA LPC  
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Have a great day everyone, take a closer step to heaven and don't go alone!

Mr. Richards

